

TOURNAMENT KATA

Tournament Individual Kata

The following tournament individual Kata guidelines will apply in kata tournament run by the IFKKA, this is subject to review.

Category 1 **ungraded and red belts (up to 9thKyu)**

Choice of Kata:

1. Taikyoku Sono Ichi
2. Taikyoku Sono Ni
3. Taikyoku Sono San

NOTE: A KATA CANNOT BE PERFORMED TWICE

Category 2 **Blue Belts (8th & 7th Kyu)**

Choice of Kata:

1. Taikyoku Sono Ichi
2. Taikyoku Sono Ni
3. Taikyoku Sono San
4. Pinan Sono Ichi
5. Pinan Sono Ni

NOTE: A KATA CANNOT BE PERFORMED TWICE

Category 3 **Yellow Belts (6th & 5th Kyu)**

Choice of Kata:

1. Taikyoku Sono San
2. Pinan Sono Ichi
3. Pinan Sono Ni
4. Pinan Sono San
5. Sanchin No Kata

NOTE: A KATA CANNOT BE PERFORMED TWICE

Category 4 **Green Belts (4th & 3rd Kyu)**

Choice of Kata:

1. Pinan Sono Ni
2. Pinan Sono San
3. Pinan Sono Yon
4. Pinan Sono Go
5. Gekisai Dai

NOTE: A KATA CANNOT BE PERFORMED TWICE

Category 5 **Brown Belts (2nd & 1st Kyu)**

Choice of Kata:

1. Pinan Sono Go
2. Yantsu
3. Tsuki No Kata
4. Saiha
5. Tensho

NOTE: A KATA CANNOT BE PERFORMED TWICE

Category 6 **Black Belts**

Compulsory Kata:

1. Pinan Sono Go
2. Yantsu
3. Tsuki No Kata
4. Saiha
5. Pinan Sono Yon

NOTE: A KATA CANNOT BE PERFORMED TWICE

Category 6 - Black Belts – Free Kata

Choice of Kata:

1. Garyu
2. Seipai
3. Sushiho
4. Kanku Dai
5. Seienchin
6. Saiha
7. Gekisai Sho
8. Tensho
9. Gekisai Dai
10. Yantsu
11. Tsuki No Kata

NOTE: A KATA CANNOT BE PERFORMED TWICE

Yantsu, Tsuki No, and Saiha can be performed in the free kata category if not already performed as a compulsory kata.

Due to the numbers in Australia, Categories 5 & 6 may be combined. Should this occur, then the brown belts will still be allowed to select their kata in round one.

Note: All individual and team competitors should prepare a minimum of 4 kata to be performed in case they are successful in making it through 3 rounds and to the finals. In the event of a draw, a different kata must be performed. Category 1 will be the only exception to this.

Black belts must be familiar with all compulsory kata listed, they will be advised which kata to perform in Round 1 by the referee.

TEAM KATA

<i>Category 9</i> Up to Blue Belts	<i>Category 8</i> Yellow & Green Belts	<i>Category 7</i> Brown Belts and above
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Choice of Kata:

1. Taikyoku Sono Ichi
2. Taikyoku Sono Ni
3. Taikyoku Sono San
4. Pinan Sono Ichi
5. Pinan Sono Ni

Choice of Kata:

1. Taikyoku Sono San
2. Pinan Sono Ichi
3. Pinan Sono Ni
4. Pinan Sono San
5. Gekisai Dai
6. Tsuki No

Choice of Kata:

1. Yantsu
2. Tsuki No
3. Saiha
4. Seienchin
5. Gekisai Sho
6. Garyu
7. Sushi Ho
8. Seipai
9. Kanku Dai

NOTE: A KATA CANNOT BE PERFORMED TWICE

Team Kata: all divisions perform their choice of kata from the list for their division.

The highest grade of a team member will determine the category for the team.

Penalties and disqualification:

Categories 1, 2 & 9 (grades up to and including 7th Kyu) will be allowed a restart their kata if they miss the start. This will however be taken into consideration when scoring the kata. The restart will apply to both individual and team kata and only in Round 1. Should a person elect to compete in a higher grade then that category's guidelines will apply.

All other categories will not be allowed a kata restart, and the competitor/team will be disqualified from that event, or scored on what they have demonstrated.

No kata for team or individuals, regardless of grade or division, may be performed twice. Should a kata be performed twice, it will result in a no-score on the second occasion.